



CLOTHES TO PACK

for your Mission Trip

Participants going to Puerto Rico have an alternate packing list. Check your paperwork page for a copy.

CLOTHING

During the week your clothes may endure paint, sweat, mud and lots of love from children! Bring clothes that you can work and play hard in. Make sure clothing covers all undergarments when you move around.

- Shorts with at least a three-inch inseam
- Long pants for cool nights. Some service sites require these.
- Short-sleeved shirts
- Long-sleeved shirts, sweatshirts and/or light jacket for cool nights
- Nice, clean clothes for a possible worship service
- Underwear and socks
- Tennis shoes or work boots that cover your whole foot and that can get dirty or wet. You'll wear these to service sites and in the kitchen. You can bring a pair of other shoes or sandals for the housing site.
- Comfortable swimsuit for high levels of activity. You may also want one for additional privacy when showering.
- Towel and washcloth
- Shower shoes - flip-flops are great for this
- Work gloves - optional, helpful if you're working outside

OTHER STUFF

- Small shower bag or backpack
- Soap, shampoo, deodorant, other toiletries, extra contact lenses, backup pair of glasses, etc.
- Sleeping bag and pillow
- Air mattress or camping pad for sleeping on floors; **mattresses must be twin size or smaller**
- Bible and pen
- Reusable water bottle
- Sunscreen, lip balm, hat, sunglasses
- Spending money for snacks and T-shirt purchases talk to your Trip Leader for further details
- Insect repellent - not every person needs to bring their own; coordinate with others in your group
- Flashlight
- Battery-powered alarm clock not every person needs to bring their own; coordinate with others in your group

NOTES ON PACKING

Because space is limited in the sleeping rooms, everything but your sleeping bag and camping pad or air mattress should fit in one duffel bag or suitcase.

Please check the weather forecast for the community you are visiting to help you know how to pack.

PLEASE AVOID BRINGING

- Blow dryers, curling irons or straightening irons because shower time is short and because many of our housing sites do not have the power to run all these small electronics at one time.
- Electronic devices, too much cash or other valuables that you would consider to be irreplaceable. Also, consider leaving your phone at home. These items can distract you from others during the week and may be susceptible to theft. *YouthWorks is not responsible for any lost or stolen items.*
- Clothing with obscene, vulgar, threatening, abusive or discriminatory language or images. Do not bring any apparel that represents hate groups or is gang-related, or any apparel that promotes alcohol, chemicals, tobacco or any other product illegal for use by minors.

COVID-SPECIFIC PACKING ITEMS

- At least five masks/cloth face coverings. The CDC recommends washing these daily, so make sure you have enough.
- Small bottle of hand sanitizer
- Don't forget to start your Symptom Tracker before your trip and bring it with you. Bringing a thermometer is helpful, but not required.